

July, 2015

# U3A Apollo Bay Inc. Newsletter

## *In this issue:*

- *Editors report.*
- *Program Timetable Term 3*
- *Reports*
- *News*
- *Suggestions for programs?*

## *Notices etc.*

- *All activities/programs are member driven. If you would like to present your interest/s to others, contact a committee member.*
- *Watch for information in the Apollo Bay News Sheet for new programs and activities.*

*If you have any articles, photos poems etc. that could be included in these newsheets, please send them to us for inclusion.*

### FROM THE EDITORS DESK (Kitchen table).

Hi and welcome to the July Edition of the Newsheet. At this stage we are well into winter and I hope that you are keeping warm and as active as possible both physically and mentally. U3A Apollo Bay Inc. is here to assist. During the coming months we are running a variety of programs and activities, hopefully some or all will be of interest to you,

Programs range from games and activities through to film and documentary watching and discussions and politics. We hope to cover as many areas as possible. Details of current programs are printed later in this newsheet and are always kept up to date in the *Apollo Bay News*.

Within the last few months the new committee has settled in following the well attended annual general meeting. Thankyou all for your interest and ttendance. The new committee consists of President: Jannette Byrne, Vice President: Clive Milne, Secretary: Jan Lewis, Treasurer: Valda McLoughlin, Committee members: Rod Natt, Ian Crump and Sally Stone, Wendy Cookes, and Anne Thornton

## Sudoku

4		8			7	1		
		7	1	3	9			
					5			
5	7						3	1
1	3					4	8	9
			9					
			8		6	5		
		1	5			7		2

*Keep your eye out for new programs and activities in the future*

## Games

Every Thursday afternoon anyone interested in playing card and board games (inc Scrabble) or learning new games eg rummy, backgammon, dominos, mah-jong, quiddler etc. meet. If interested turn up and play games of interest to those attending

## TIMETABLE FOR TERM 3, 2015 MONDAY CLASSES/ACTIVITIES

### START DATE JULY 15

#### ***Genealogy and Writing Family History***

We continue to have weekly access to 'Ancestry' at the Library on Wednesday. Bring your own computer or use the Library's.

#### **Writing Family History.**

We will use the units from the U3A on-line course to help with planning, structure, recording and publishing your family story. This course is for people who have already started collecting information about their family and may help target further research.

In an introductory first session the group will decide how often they want to meet to progress through the course material.

**8 Sessions**

**Time / Date:** 2 – 4pm Wednesday 15 July

**Venue:** Room 1 Marrar Woon

**Presenter:** Jan Lewis

### START DATE 16 JULY

#### ***Cards and Board Games***

This group will continue to meet throughout term 3 and members are invited to drop in, where there is a warm, friendly and welcoming atmosphere with a variety of games to choose from. Members play the games of their choice and have an opportunity to learn new games.

**Time / Date:** 12.45 – 4 pm Thursdays **Meets weekly, booking not required.**

**Venue:** Room 2 Marrar Woon

**Facilitator:** Rosemary Stoeckli

**START DATE JULY 16**

### **Political Violence, Terrorism & Civil Liberties**

What is "violence"? Is it fundamental to politics? Can it ever be justified? What is "terrorism"? How powerful is it? How can it best be combatted? What are the real threats and the real limitations of political violence and terrorism? What are their implications for civil liberties -- citizens' entitlements to speak and go about their ordinary affairs without hindrance from the state? These questions are central to much current debate. Tackling them adequately requires both selection and perspective. Hence, this course focuses on 2 essential cases:

(1) The French Revolution and "Reign of Terror" and the emergence of the "modern" world (3 sessions).

(2) Contemporary "Islamist" political violence and terrorism and the rejection of the "modern" world. (4 sessions).

The course distinguishes between general political violence and terrorism; analyses their roles in revolution, rebellion, and repression; and assesses their ideologies and their effectiveness. The course concludes by asking: How far should Australia go to combat political violence and terrorism? What restrictions should we put on free speech?

**10 sessions**

**Course is fully booked.** The course will be repeated in term 4 so book now, group is limited to 10.

**Time / Date:** 10.30 – 12 noon Thursday **16 July**

**Venue:** Card Room, Apollo Bay Community Centre (ex Senior Citizen's Centre)

**Presenter:** Ray Nichols

**JULY 20**

### **Movie Time**

Please note earlier start time for the winter term. Held on the third Monday of the month, a movie showing will be followed by a cuppa and a chance to discuss the movie with others or just catch up. Movies will be announced in the Apollo Bay News. Any movie suggestions welcome

Would you like to watch any of these films ?

Amelie, Made in Dagenheim, 33 Postcards, The weeping Camel, The Lady, Babette's Feast, Lemon Tree, Conditions of Love, Call of the Wild, Snow falling on Cedars,

These are just some of the film titles that we hope to show at our monthly movie-time. We ask people to request a film for each month's screening – it doesn't have to be one of these on the list as we will try to source any film that is requested. So.....please contact me to let me know what you want to see at the movies.

**Time / Date:** Starts **20 July**. Every 3<sup>rd</sup> Monday 1.15 pm for 1.30 pm start.

**Venue:** CFA training room, Fire Station, Pascoe Street.

**Bookings not required.**

**START DATE JULY 21**

## **Course: Bird watching in the field around Apollo Bay**

What do you want to get out of seeing birds on a walk?

First session (1 Hour) covers:

- How to best use your camera for photographing birds for identification.
- How to use your binoculars.
- How to find the birds in your bird book.

Three walks (1 ½ hours each) where you will put Session 1 into practice. Note the walk will not be strenuous.

- Shrubland/forest
- The harbour
- River and estuary

The last session will be a debriefing when participants can discuss the birds that they have seen and show any photos that they may have taken.

### **Time / Date:**

**Session 1.** 10.30 – 11.30 Tuesday **21 July**. **Venue:** Room 4 Marrar Woom

**Session 2\*.** 10.30 – 12 noon Friday **24 July**.

**Session 3\*.** 10.30 – 12 noon Tuesday **28 July**

**Session 4\*.** 10.30 – 12 noon Friday **31 July**

**Session 5** 10.30 – 12 noon Tuesday **4 August**. **Venue:** Room 4 Marrar Woom

(\* meeting place for walks to be notified)

**Presenter:** Richard Stone

**MUST BOOK group limit 6.** Sessions will be repeated later in the year.

## **START DATE 5 August**

### **Book Group**

Interested members attended a meeting last month and a U3A Apollo Bay Book Group was formed. Numbers are limited to those who attended the meeting.

**Group meets** first Wednesday of month at 2.30 pm.

## **Learn to love your library!**

The Corangamite Regional Library provides services to 4 municipalities; City of Warrnambool, Colac Otway, Corangamite and Moyne Shires. 12 Branches and an Outreach Library deliver services to over 34,000 members.

You are invited to a meeting with a librarian so we can find out just what the library has to offer. Is there more to the library than the few books on the shelves? Hear how you can access the enormous world of books, magazines, films and scientific resources available free to library members.

## WHAT ELSE IS NEW?

We are inviting members to indicate if they have an interest in any of the following:

### Documentary films

Do you enjoy watching documentary films/DVDs? It is planned we view and discuss selected topics of interest. Let us know and an initial meeting will sort out days, times and frequency of sessions.

**Visit the galleries.** We would like to determine numbers of people interested in visiting the Art Gallery of Ballarat to see the Victorian Indigenous Art Awards (Aug – Sept) and/or the Archibald Prize exhibition (Oct - Nov). Please let us know so that we can determine transport requirements and cost.

**Amateur Photography Group.** Are you interested in forming a group of amateur photographers willing to share their interest and knowledge with others? Those who have been photographers for a long time can help those just starting out with a new digital camera. Visits can be arranged to local beauty spots and places of interest or you can bring your questions to problem solving sessions and get the suggested solutions from others in the group.

### Music Appreciation Group

It is envisaged that a member of the group will host a session of music in their home. The host/hostess will select the music for the session and sessions will rotate through the group so you can hear your favourite pieces. There may be opportunities to attend concerts in Colac or those held locally. Another opportunity for sharing with others with similar interests.

**Please register your expressions of interest in any of these activities that U3A Apollo Bay will coordinate.**

Expressions of interest, course bookings and information phone **Jannette Byrne 52377797** or email: [info@u3a.apollobay.org.au](mailto:info@u3a.apollobay.org.au)

### Watch out for discussion sessions coming up

Our **philosophy** groups were very popular with people enjoying the opportunity to learn something new, consider new ideas and points of view – they want more! We will keep you posted and in the meantime we will bring you one off sessions on particular topics of interest.

**Euthanasia discussion:** this is a topic that will have crossed the minds of many of us as we have cared for or continue to care for our aging relatives, as we visit our loved ones in hospital and nursing homes, or are asked to make decisions about their ongoing care. Allen Hokin has followed the euthanasia debate for many years and will lead the discussion on this topic.

**Please keep an eye out for details of these activities.**

Please note: if bookings do not reach the class minimum (where stated), the class will be cancelled.

When the class maximum is reached, names will be placed on a waiting list and you may be contacted if there is a cancellation.

### **Course Bookings:**

5237 7797 or Email: [jannette@u3a.apollobay.org.au](mailto:jannette@u3a.apollobay.org.au)

Further information: [www.u3a.apollobay.org.au](http://www.u3a.apollobay.org.au)

**Do you have a passion for something, whether a hobby or an interest or you know somebody who has, and wishes to share it with others? If so then contact the U3A Apollo Bay Inc. Committee Members and become a presenter.**

We welcome your comments, feedback and suggestions.....talk to a committee member about your ideas.

Committee Member Clive Milne and his wife Joan are currently farm sitting. Joan has written the following on their experience:-

We are on a farm on the Lachlan river flats, not far from Cowra.....the property is park like, dotted with redgums and box trees, and is rather neat looking. We have a comfy house with a roaring log fire, much needed, as the mornings are heavy with below zero frosts. Clive is enjoying his farm fix, with dogs, horses, cattle and sheep sales. The farms here appear prosperous. They are neat and well run, cropping, grazing, some dairy and vegetable growing...paddocks of cabbages at the moment. Many are irrigated.

There are lovely old towns about, with interesting buildings, built in the early 1800s. Strolled around the Japanese Gardens, they look good at this frost bitten time of year, so must be wonderful when all the cherry trees are in flower.

On the way into Cowra, there is a small wooded area.....planted with ironbark trees, on the fence, is a sign saying, "Megs Wood". In this little wood, is a grave, and a stone plinth, with an inscription....you can't read it from the road. I wonder did Meg plant the trees, and asked to be buried in her favourite place, or perhaps she died, and the man in her life planted the trees, or maybe Meg was a child .....that is my mystery, will need to find the answer before we leave.....stay warm .Joan and Clive Milne.

Apollo Bay is a haven for artists and creative people and U3A members have been privileged to see and hear about the work of some of our local artists.

Last term Eleanor Rowland presented some illustrated sessions looking at Indigenous art, particularly as seen in the Northern Territory. Eleanor had worked in the Territory and visited Indigenous communities, remote outstations and arts workshops across northern and central Australia. Building on her earlier experience as a teacher, arts facilitator and watercolorist she trained at Museum and Art Gallery of Northern Territory to become a gallery guide and assist with the annual National Aboriginal and Torres Strait Islander Art Awards events.

Eleanor's session covered the traditional images, colours and techniques through to contemporary art using a wide variety of mediums. Eleanor's appreciation of art and understanding of the culture meant these were fascinating sessions for all participants and some were able to share their own interest and experiences in this art form, which now has worldwide recognition.

Eleanor is planning a return visit to the Northern Territory but on her return she has agreed to repeat her Indigenous Art presentations for those who missed out last term. Dates will be notified.



Women sitting around waterhole.

Remember that we have an agreement with Colac U3A and any of our members are able to join in any programs and activities that they offer.

U3A Apollo Bay Inc. Is grateful for the ongoing support we receive from the Colac Otway Shire, Apollo Bay Community Health, U3A Colac, U3A Network, .Apollo Bay News.....

Committee Members..... **President: Jannette Byrne, Vice President: Clive Milne, Secretary: Jan Lewis, Treasurer: Valda McLoughlin, Committee members: Rod Natt, Ian Crump, Sally Stone, Wendy Cookes and Anne Thornton.**

Editor: Rod Natt



Website [u3a.apollobay.org.au](http://u3a.apollobay.org.au)

Address Email address etc. [info@u3a.apollobay.org.au](mailto:info@u3a.apollobay.org.au) PO Box 153 Apollo Bay 3233

A0061281U

**Sharing the Fun of Learning.**

